



Thank you for Joining us!

Please enjoy your meals.

Lunches are intended to be eaten immediately or, should be stored in the refrigerator within 2 hours, please discard any leftovers within 3 days.

All cold foods should be kept at 41 degrees or less for food safety.

Cooking Instruction are available on Food and Nutrition Services Web page under "Menus and More" Tab

Allergen Reference

Food Item	Dairy	Soy	Wheat	Eggs	Peanuts	TreeNuts
Cinnamon Bun	X	X	X	X		
Cheese Stick	X					
Pop Tart		X	X			
Stuffed Bagel	X		X			
MVP Donut	X	X	X	X		
Mini Pancakes	X		X	X		
Yogurt	X		X			
Cereal	VARIES	READ	LABEL			
Waffle Cracker			X			
Cheez-its	X	X	X			
Goldfish	X		X			
Cheese Stick	X					
Ranch Dressing	X			X		

Food Item	Dairy	Soy	Wheat	Eggs	Peanuts	TreeNuts
Cheese Stick	X					
Turkey Ham & Cheese Sand Wedge	X	X	X			
Corn Dog Minis		X	X	X		
Hot Dog/Bun		X	X			
Popcorn Chicken		X	X	X		
Pull Aparts	X	X	X			
Grilled Cheese	X	X	X			
Soft Pretzel			X			
Peanut Butter					X	
No Nut Spread		X				
Cheese Cup	X					
Boneless Chicken Wings	X		X			
Calzonettes	X	X	X			
French Bread Pizza	X	X	X			
Hamburger/Bun			X			
Chicken Sand/Bun			X			
Deep Dish Pizza	X	X	X			
Meal Kits	Varies	Read	Labels	On	Packages	

Questions? Contact Citrus County Food and Nutrition Services
 352-726-1931 x 2402 or niblettk@citruschools.org