

Citrus County Public Schools' Health Services

Medication Policy

The “trained and authorized” Citrus County Public Schools’ personnel will be authorized to assist the student(s) in the administration of prescription medication according to Florida Statute 1006.062 and Citrus County School Board Policies 5.62 and 5.621. Over the counter medication will be handled in the same manner as prescription medication and require a physician order. In accordance with FL H.B. 1037, Ch. 2023-39 a student may possess and use a medication to relieve headaches while on school property or at a school-sponsored event or activity without a physician’s note or prescription if the medication is regulated by the United States Food and Drug Administration for over-the-counter use to treat headaches.

Medications should be administered at school only if it is necessary to give the medication during school hours. For example, medication given three times a day could be given before school, after school, and at bedtime.

All medications must be properly labeled from the pharmacy and in the original container. A separate **Authorization for Medication Form** signed by the parent/guardian and a **Physician’s Authorization for Medication Form** is required for **EACH** medication administered. New forms must be completed at the beginning of the school year or as soon as the medication is ordered by the authorized medical provider. The Florida Department of Health requires the prescription bottle to be the most recent prescription possible and be within the expiration date. The prescription bottle label should not state that the medication is for a 30-day period of time unless specifically ordered by the approved medical provider in that manner. An adult **MUST** bring medication to school.

Medicines and treatments considered outside medical protocols, such as FDA regulated, non-prescription herbal or “natural” treatments, caffeine pills, aloe for burns, and meat tenderizer for bee stings require a physician’s note. Any non-FDA regulated herbal or “natural” substances will not be given by authorized and trained school personnel during the school day.

Parents/legal guardians may be permitted to come to school and administer such substances to their student(s). Herbal medication prescriptions may be accepted by a Doctor of Oriental Medicine that has a valid license issued by the state of Florida Board of Acupuncture and require a Student Authorization for Over-The-Counter Medication” form be completed and signed by the parent/guardian **and** the Doctor of Oriental Medicine.

Students shall not carry medications including cough medication, eye drops, cough drops, etc. Florida Statute 1002.20 provides that students may carry a metered dose inhaler, epinephrine auto-injectors, diabetic supplies and equipment, and pancreatic enzyme supplement at school **with** the permission of the authorized medical provider and parent(s)/legal guardian(s). A **Student Authorization to Carry Medication Form** must be completed and signed by both the authorized medical provider and the parent(s)/legal guardian(s). The metered dose inhaler, epinephrine auto-injector, diabetic supplies and equipment, or pancreatic enzyme supplement must be labeled with the student's name.

In accordance with FL H.B. 1037 Ch. 2023-39, section 2, a student may possess and use a medication to relieve headaches while on school property or at a school sponsored event or activity without a physician's note or prescription if the medication is regulated by the United States Food and Drug Administration for over-the-counter use to treat headaches. The product must be in the original storage container with the intact original label produced by the product manufacturer.

Parents/Guardians are encouraged to pick up student medications if the medication becomes expired, at the end of the school year, and if a medication has been discontinued. Leftover medications will be disposed of under the direction of the school nurse within one day of the last day of school.

Citrus County Schools Medication Authorization Forms are available in each school's health clinic or online at www.citruschools.org under **PARENTS** tab listed under **School Health Services**.