

Call Center: 1-877-423-1330

## www.carehere.com

CareHere serves you in several ways that help lower your cost and improve your health at the Wellness Centers.

- No long waits in the waiting room. Generally, you are in and out in less than 30 minutes!!
- No co-pays **OR** deductibles!
- Spouses and dependents are included if covered under your CCSB Group Health Insurance Plan.
- Selected Generic medication are dispensed at no charge.

#### Personal Health Risk Assessment - Wellness Visit

You can participate in an HRA (Health Risk Assessment) and receive a personalized health analysis.

- Provides early indicators and suggestions for expensive conditions.
  - Physician is available to explain conditions and treatments.
  - Your HRA and lab work results are often available online.
- Outside lab orders CAN BE filled if turned in to CareHere 24-hrs in advance.

# Remember each person has unique health needs and are treated based on their personal history. Other Services Provided at the CCSB Wellness Centers:

- Nutritional Counseling
- Hypertension Management
- Pre-Diabetes Management
- Digital X-Ray (BH Location)
- Pharmacy

- Cardiovascular Risk Reduction
- Annual Wellness Visits
- Lab Draws
- CareHere Connect
- Immunizations

#### <u>CareHere – Beverly Hills</u>

4065 N. Lecanto Hwy, Beverly Hills, FL. Medical Appointments

Mon – Fri 7:00 am – 6:00 pm

Saturday 9:00 am – 1:00 pm Lab Appointments

Mon – Fri 7:00 am – 10:00 am

#### CareHere - Inverness

216-C South Apopka Ave, Inverness, FL. Medical Appointments

Mon - Fri 7:00 am - 6:00 pm

Lab Appointments

Tues & Wed 7:00 am - 10:45 am
Thurs 6:00 am - 9:45 am

\*\*BOTH OFFICES CLOSE 12pm-1pm for LUNCH\*\*

### **CareHere Beverly Hills Providers**

**CareHere Inverness Providers** 

Tiffany Van Arsdale, ARNP Nolan Toth, DO Lorraine Pelletier, PA-C

Mary Halleck, PA