



## Thank you for Joining us!

Please enjoy your meals.

Lunches are intended to be eaten immediately or, should be stored in the refrigerator within 2 hours, please discard any leftovers within 3 days.

All cold foods should be kept at 41 degrees or less for food safety.

Cooking Instruction are available on Food and Nutrition Services Web page under "Menus and More" Tab

### Allergen Reference

Food Item	Dairy	Soy	Wheat	Eggs	Peanuts	TreeNuts
Cinnamon Bun	X	X	X	X		
Cheese Stick	X					
Pop Tart		X	X			
Stuffed Bagel	X		X			
MVP Donut	X	X	X	X		
Mini Pancakes	X		X	X		
Yogurt	X		X			
Cereal	VARIES	READ	LABEL			
Waffle Cracker			X			
Cheez-its	X	X	X			
Goldfish	X		X			
Cheese Stick	X					
Ranch Dressing	X			X		

Food Item	Dairy	Soy	Wheat	Eggs	Peanuts	TreeNuts
Cheese Stick	X					
Turkey Ham & Cheese Sand Wedge	X	X	X			
Corn Dog Minis		X	X	X		
Hot Dog/Bun		X	X			
Popcorn Chicken		X	X	X		
Pull Aparts	X	X	X			
Grilled Cheese	X	X	X			
Soft Pretzel			X			
Peanut Butter					X	
No Nut Spread		X				
Cheese Cup	X					
Boneless Chicken Wings	X		X			
Calzonettes	X	X	X			
French Bread Pizza	X	X	X			
Hamburger/Bun			X			
Chicken Sand/Bun			X			
Deep Dish Pizza	X	X	X			
Meal Kits	<b>Varies</b>	<b>Read</b>	<b>Labels</b>	<b>On</b>	<b>Packages</b>	

**Questions? Contact Citrus County Food and Nutrition Services**  
 352-726-1931 x 2402 or [niblettk@citruschools.org](mailto:niblettk@citruschools.org)