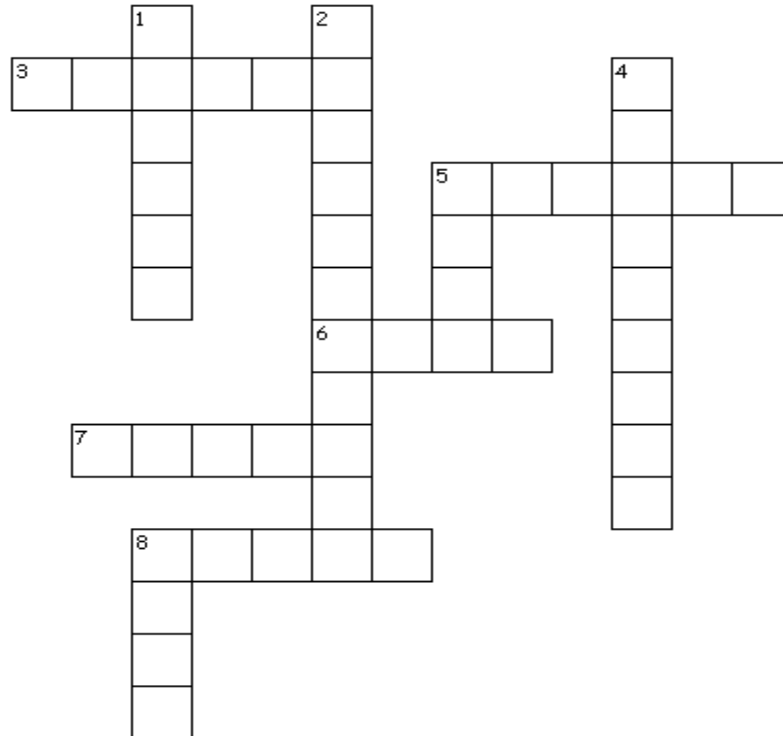




Florida School Breakfast Crossword

Complete the crossword and see how important a healthy breakfast can be!



Across	Down
3. Have a glass of this juice every morning to get your Vitamin C!	1. Peel one of these for a quick breakfast on the go!
5. A quick way to get your morning serving of grain is with this ready-to-eat item. (Bowl, spoon and milk is optional.)	2. A nutrient-rich breakfast improves both academic and athletic _____.
6. Adding fruit to this creamy breakfast favorite will help you get the calcium you need	4. It is the most important meal of the day.
7. Eating breakfast improves _____ function. (Think, think, think.)	5. At home or school, breakfast is _____!
8. How you may feel if you don't eat a good breakfast.	8. Make _____ for breakfast every morning.